



2019 VALIDUS GAMES

HEAT ASSIGNMENTS

INDIVIDUAL MEN LANES	INDIVIDUAL WOMEN'S LANES
1.) MAX SHAWVER 2.) CHRIS KRUGER 3.) GERALD SASSER 4.) KERRY COFER 5.) SEAN MCCLENAGHAN	1.) AMANDA HEILMAN 2.) JENNA FISHER 3.) CASSIE GAHM 4.) ABIGAIL KRUGER 5.) ZOE BREAK

TEAM OF 4 LANES
1.) FRIENDSHIP CROSSFIT 2.) CROSSFIT EXCESS 3.) CROSSFIT POLARIS 4.) FIT FOR LIFE COMP TEAM 5.) THE SOUTHERN COLUMBUS ZOMBIES

TEAM OF 3 MEN RX:	TEAM OF 3 WOMEN RX:
1.) PITTER PATTER, LETS GET AT ER 2.) STRAIGHT OFF THE COUCH 3.) 7 HILLS CROSSFIT 4.) NARROW ROAD CROSSFIT 5.) 3 AMIGOS	1. WODDING CRASHERS 2. SNATCH ME IF YOU CAN 3. RUN LIKE THE WINDED

TEAM OF 3 SCALED WOMEN AND MEN:
1.) THE YOUNG & THE BREATHLESS 2.) EXCESSIVELY AVERAGE 3.) BOOTY, BOOTY, BOOTY, GANG 4.) HUSTLE & MUSCLE 5.) TEAM ARC